

Teen Dating Abuse



Know the signs...

- Isolates you from friends/family, overly jealous
- Controlling of what you wear, who you talk to, what you do
- Calls you names, belittles you, makes you feel bad about yourself, humiliates you, makes you feel crazy
- Uses threats, intimidation, and/or physically hurts you
- Pressures or forces you to have sex & ignores your boundaries
- Minimizes, denies, or blames you for their behavior- no accountability
- Won't accept breaking up, threatens harm to you or themselves

1 in 5 teens
experience
dating abuse in
Wisconsin.

Dare2know WI

**You always
deserve to feel
safe and respected
in your
relationships!**

If it's happening to you:

- Tell a safe adult/counselor
- Talk to friends for support
- Understand that the abuse is not your fault
- Educate yourself on abuse
- Contact **Christine Ann Domestic Abuse Services (920) 235-5998 for youth advocacy**

If it happens to a friend:

- Talk! share your concerns
- Be supportive!
- Do not criticize
- Encourage seeking help
- Protect their privacy
- Protect yourself
- Provide resources:
 - **Christineann.net**
 - **Loveisrespect.org**